



I have created 2 new PositiviDee programs starting in October.

1. Six-week online course - How to Find Calm in the Chaos
2. Six-month one-on-one coaching - How to Live Your Best Life

From now through the end of September, I am offering 90-minute One-on One PositiviDEEP Dive sessions to anyone interested in jumpstarting their healing and wellbeing journey.

Learn how to:

1. Identify the root cause of your stress
2. Release your attachment to suffering
3. See your circumstances from a more positive perspective
4. Stop judging and start loving yourself and others

You will also receive:

1. 365 days of inspiration with my book "Your Daily Dose of PositiviDee"
2. 30 tips and tricks to boost your mental health so you can live a happier, healthier life

By investing \$333.00 now, you can take the next best step to making peace with the past and creating a positive path to fun, freedom, and fulfillment.

If that's not enough, when you decide to sign up for either program I am offering in October, the \$333.00 you paid for the PositiviDEEP Dive Session will be deducted from the cost of the course.

Give yourself permission to sign up for this 90-minute session NOW so you can start imagining life without the heavy burdens you have been carrying for so many years.

Call me at 413-364-5529 or e-mail [dee@adoseofpositividee.com](mailto:dee@adoseofpositividee.com) to learn more.

